



SOMERSET COUNTY Aikido TEST REQUIREMENTS

<u>RANK</u> (Beltcolor)	<u>KI TESTS</u> plus all previous	<u>TECHNIQUES</u> plus all previous	<u>FREESTYLE</u>
11A White	Seiza Tests	Katatori Kokyunage (step back)	
11B White	Forward and Backward Ukemi	Katata Tori Ikkyo (from behind)	
11C White	Tekubifori Undo	Katata Tori Ikkyo (from the front)	
10A Yellow	Kokyu Dosa	Tenchi Nage	Against one Katatatori
10B Yellow	Standing test	Ushiro Tekubi Tori Kokyu Nage	Against one Katatori
10C Yellow	Koho Tento Undo	Katatatori Kokyunage (spring)	Against one Yokomen
9A Purple	Unbendable Arm Unbendable body	Katatatori Shihonage Irimi	Against one katatori blindfolded
9B Purple	Koho Tento Undo standing	Katatori Shihonage Tenkan	Against one freestyle
9C Purple	Tenkan Undo	Ushiro Kubishime Kokyunage	Against two Katatatori
8A Green	Zengo Undo	Yokomen Shihonage Tenkan	Against two Katatori
8B Green	Happo Undo	Yokomen Shihonage Irimi	Against two Katatatori
8C Green	One foot throw	Tsuki Kotegaeshi (distant)	Against two freestyle
7A Red	Udefori Undo	Tsuki Kotegaeshi (up close) Freestyle against 1	Against two Katatori (blind)
7B Red	Funakogi Undo	Yokomen Tanto Shihonage Tenkan Freestyle against 2	Against three Katatatori
7C Red	Udefori Choyaku Undo	Yokomen Tanto Shihonage Irimi Freestyle against 3	Against three freestyle

Students demonstrate willingness to help newer students by teaching and demonstrating appropriate behavior.

(Rev. 1/09)